

# Support Services

For more information  
and to RSVP, call  
**561-955-5406**

- Individual psychosocial and nutrition counseling available.
- Services available up to one year post treatment at LCI.

## Virtual Programs

### Blood Cancer Support Group

A monthly meeting providing support, education, and resources for patients and caregivers with a blood cancer diagnosis.

**Second Thursday of every month**  
**12:30 – 1:30 PM \*via Zoom**

### Breast Cancer Support Group

A monthly meeting for patients who have recently been diagnosed with breast cancer.

**Fourth Monday of every month**

**3:30-4:30 PM \*via Zoom**

### Caregiver Support Group

A monthly meeting for caregivers of cancer patients.

**Fourth Tuesday of every month**

**4:30-5:30 PM \*via Zoom**

### Day by Day Support Group

A psychoeducational group for coping with cancer.

**Last Tuesday of every month**

**12:00-1:00 PM \*via Zoom**

### Gastrointestinal Cancer Support Group

A monthly meeting for gastrointestinal cancer patients.

**Second Thursday of every month**

**4:00-5:00 PM \*via Zoom**

### Keeping On Support Group

A support group for patients with metastatic disease.

**First Thursday of every month**

**10:30-11:30 AM \*via Zoom**

### Linking Hope: A Peer Mentor Program-

Volunteer to be a mentor or be referred to be matched with one! **Application Required**

### Lung Cancer Support Group

A monthly meeting for lung cancer patients

**First Monday of every month** **3:30-4:30 PM \*via Zoom**

### Nutrition Support Group - Soup to Nuts

A monthly support group, Interactive format, varied topics.

**Third Wednesday of every month**

**12:00-1:00 PM \*via Zoom**

## In-Person Programs

### Art Therapy

A monthly support group for cancer patients to use art as a form of therapeutic expression.

**First Monday of every month**  
**10:00 AM – 11:30 AM**

### ABC Fitness

Two-session fitness and wellness program for breast cancer patients who are under care at LCI.

**Wednesdays 2:00PM -3:00PM**

### Be U tiful Program

Image enhancement program for women following a cancer diagnosis.

**Second Monday of every month**

**10:00 AM - Noon**

### Bereavement Support Group

Monthly meeting open to anyone who has suffered the loss of a loved one within the past two years, other than traumatic loss or loss of young child.

**Second Wednesday of every month** **10:00-11:00 AM**

### Group Reiki and Meditation Program

**Weekly Group Class format** **Tuesdays 10AM** or **Thursdays 3:30PM**

### N.E.W. You! Wellness Program

This program offers support for overall wellness through Nutrition, Exercise, and Wellness. 2-class series, 1 hour each, one-on-one with each practitioner.

**First & Third Tuesday**  
**11:30AM-12:30PM**

### Onco-Acupuncture

Offered in a community setting

**Fee: \$20 per session, Prescription req. if in treatment**

**Friday appointments available**

### Oncology Yoga

*Prescription required for those in treatment.*

**Thursdays 2PM -3PM**